



AQUAFIT CLASSES PROVE POPULAR

As we head into the cooler months, the desire to exercise outdoors can be overtaken by the temptation of a warm fire and a good book or television!

AquaFit classes are available over winter for all of those looking to an alternative to slogging it out in the rain and cold.

The classes involve the use of an aquaboard, in an upbeat and fun class. For 35 minutes you will get a great full body workout designed to improve balance, co-ordination and core strength, all of which will help people from all walks of life. It's a great way to get involved with an activity that won't have a high impact on your joints and you'll have a blast doing it!

Numbers are limited, so booking is essential. Boards are allocated on a first in, first served basis for a small fee.

So whether you're a seasoned athlete or just looking to get started, call AC Baths to make a booking for a class today and start building that summer body now!

» **AQUAFIT CLASSES**
Tuesday, 6.15pm, AC Baths indoor 25m pool
Thursday, 12.15pm, AC Baths indoor 25m pool

\$4 AC Baths members, \$10 non-member
 Booking essential



HOT WATER BEACH UPGRADE

Hot Water Beach has seen some improvements with work completed to strengthen the rock revetment structure.

Larger rocks have been added to the structure to help reduce erosion and protect the Lions' Walk that runs alongside the area and the nearby car park. The Lions Walk is a path frequented by both locals and visitors alike and is also used by runners for both training and events.

This erosion control and strengthening will go a long way to ensuring the area is safe for many years to come.

CLEANER, GREENER LIGHTS FOR THE TAUPŌ DISTRICT

The Taupō district is about to throw some light on reducing carbon emissions and improving energy efficiency with the installation of LED street lighting due to commence this week.

Taupō District Council will be recycling both the existing units and the packaging from the new ones.

Rather than leave us all in the dark in regards to funding, the New Zealand Transport Authority (NZTA) advised it would provide 85 per cent assistance to complete the upgrade to the new technology.

The first allocation is for 1200 lights, with more to come in due course.

» WHAT'S ON?

- April 28-29 The Extravaganza Fair, Tongariro Domain
- May 3 The Nutcracker, Moscow Ballet Company, Great Lake Centre
- Until May 14 3 Pot Colour, Taupō Museum
- Until May 21 I Don't Know / Tell Me, Taupō Museum
- Until May 27 Holiday Programme, Taupō and Turangi libraries, Taupō Museum

For more information visit www.GreatLakeTaupo.com



EARTH DAY LITTER PICK-UP A SUCCESS

Volunteers from the Earth Day litter pick-up day did a great job looking after the place we love! Nearly 50 people took part on Sunday and a substantial pile of litter was picked up and disposed of.